

ABCUL

The Association of British Credit Unions Ltd (ABCUL) is the leading trade association for sustainable credit unions in England, Scotland and Wales. ABCUL offer a wide range of services such as finding credit unions, along with advice and guidance.

www.abcul.org/home

My AFK

This charity helps disabled children and young people towards independence.

www.my-afk.org

Al-Mizan

Supports disadvantaged people regardless of their faith or cultural background and focuses on providing small grants and interest-free loans of up to £500 to those most in need.

www.almizantrust.org.uk

The British Gas Energy Trust

The Trust contributes to the relief of poverty, with a particular focus on fuel poverty and helping those who are struggling to pay for their consumption of gas and electricity.

<http://www.britishgasenergytrust.org.uk>

Buttle UK

A charity which provides grants for children and young people to overcome an immediate crisis or ensure the best possible opportunity for a successful education.

www.buttleuk.org/index.php

Caudwell Children

Provides family support services, equipment, treatment and therapies for disabled children and their families across the UK.

www.caudwellchildren.com

Disability Grants

A website to help find Disability Grants, for parents or carers of a disabled child or adult.

www.disability-grants.org

Family Action

A leading provider of services to disadvantaged and socially isolated families.

www.family-action.org.uk

Family Fund

Gives grants to families who are raising disabled and seriously ill children aged 17 and under.

www.familyfund.org.uk

The Family Holiday Association

The association works to help disadvantaged families get that much-needed break away from home.

www.familyholidayassociation.org.uk

Glasspool

A UK wide grants giving charity that provide one-off grants to individuals. This Trust has no restrictions on the type of beneficiary.

www.glasspool.org.uk

Guidestar

A site for finding information about charities registered in England and Wales.

www.guidestar.org.uk

Helplines Partnership

Use "Find a Helpline" on this website to search the Helplines Partnership database and find a service for your needs via the link to the Children & Young People's section.

www.helplines.org.uk

Living Made Easy

An impartial advice and information website about daily living equipment and other aspects of independent living (part of the Disabled Living Foundation – DLF).

www.livingmadeeasy.org.uk

National Zakat Foundation

Supporting Muslim families through a grant programme.

www.nzf.org.uk

Shelter

Shelter provides free, confidential advice to people with all kinds of housing problems.

www.shelter.org.uk

Turn2us

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help online, through partner organisations. The Turn2us website features an easy to use benefits calculator and a searchable grants database, giving access to more than 3,000 charitable funds.

www.turn2us.org.uk

Local Welfare Assistance Schemes

To find details of local schemes, using a postcode, search on one of the following websites – the Child Poverty Action Group (CPAG) www.cpag.org.uk or the Children's Society. www.childrensociety.org.uk

Northern Ireland

For advice following changes to the Social Fund in Northern Ireland, the NI Direct Government Services website provides useful information.

www.nidirect.gov.uk/changes-to-the-social-fund

Foodbanks

The Trussell Trust is a charity that runs one of the largest networks of foodbanks in the UK. The website can be searched to see if there is a foodbank in a specific area www.trusselltrust.org

Alternatively, you can contact your local council and ask if there is a foodbank near you, and what other help may be available.

For information on the latest Government assistance for families:

<https://www.understandinguniversalcredit.gov.uk/coronavirus/>

Financial advice: Martin Lewis

<https://www.moneysavingexpert.com/latesttip/>

For support finding out what help you're entitled to: Citizen's Advice

<https://www.citizensadvice.org.uk/>

Adviceline: 03444 111 444

Text relay: 03444 111 445

Adviceline's available Monday to Friday, 9am to 5pm

For support and information if a single parent: Gingerbread

<https://www.gingerbread.org.uk/what-we-do/contact-us/helpline/>

Telephone: 0808 802 0925

Helpline available Mondays: 10am to 6pm; Tuesdays/Thursdays/Fridays: 10am to 4pm; Wednesdays: 10am-1pm and 5pm-7pm