

Anti-Bullying Week 2006

Don't just stand there - highlighting the role of the bystander

The theme chosen for Anti-Bullying Week 2006 was 'Don't just stand there' – highlighting the role of the bystander, and the Northern Ireland Anti-Bullying Forum produced and distributed an information pack to all schools in Northern Ireland.

Encouraged by the pack, nursery, primary and post-primary schools developed activities for pupils from puppetry sessions right through to drama workshops, role play scenarios, signing of pledges by pupils, special assemblies, poetry and poster competitions.

An evaluation of the information pack revealed that 96% of schools which responded felt it was a useful tool for planning activities as part of Anti-Bullying Week.

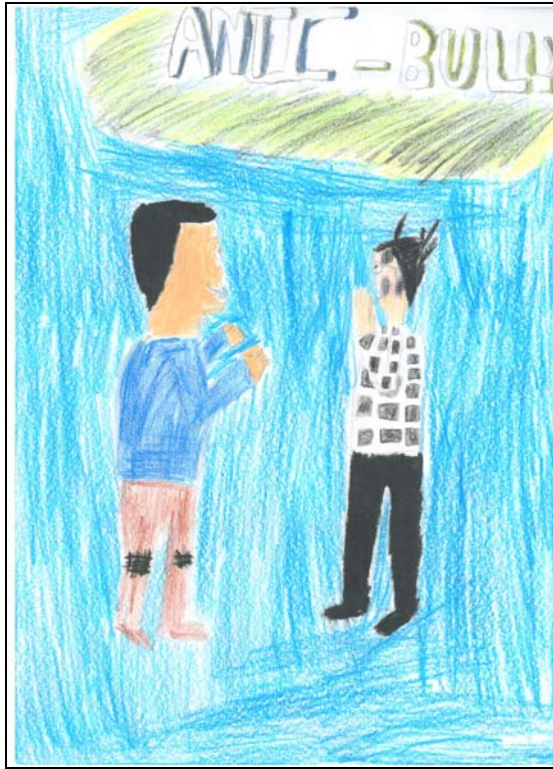
Children's anti-bullying work

Here are some examples of the work schools sent in as their contribution to Anti-Bullying Week 2006.



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Poster designs submitted by:

P7 Class, Moneymore Primary School, Derry

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Poetry

<p>Stop look listen Leave that kid alone There's never going to be Another fight in the yard If that happens again You'll know what to do Go and tell someone That is very true Stop look listen Don't just stand there You should show you care</p> <p>Shea</p>	<p>Bullying is really bad And makes people really sad It's like a cursed spell So people have got to tell It's people ganging up together like a team But I just wish it was one big bad dream People think bullying is fun But something has got to be done Tell your parents, teacher and friend And hopefully this nightmare will end</p> <p>Conor</p>
<p>H elp others E veryone has a place L augh with people, not at them P lay with everyone</p> <p>Toni</p>	<p>What bullies do is... B ad U nforgivable L udicrous L oathsome Y apping I diotic N ot good G rotesque</p> <p>Oisin</p>
<p>Bad Unrespectable Lonely unreLiable Young people's lives In pain lyiNg Glum</p> <p>Aoife</p>	<p>Bunscoil Bheann Mhadágain, Beal Feirste</p>

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<p>Bullies can be scary In any shape or size Always tell an adult Be sensible and wise Bullies can be scary They try to frighten you Like an angry lion In the Belfast Zoo Bullies can be scary But I'll tell you what to do Tell a teacher, friend or parent They'll sort it out for you!</p> <p>Emma</p>	<p>I don't like them I want them to stop It won't go away They keep kicking and punching Then I just say GO AWAY!!! And I get really sad, cross and angry They keep making fun of my hair I don't know why and I don't like it I need help I want it to stop and fast But I just can't tell anyone I don't have the guts! It's been going on for ages Finally I told someone About the bullying I told the teacher and my Mum The bullies got into deep trouble At last they never bullied me again</p> <p>Leah</p>
<p>Walking through the doorway, Thought everything was okay, But right now at this moment, That thought just went away! He came to my direction, I thought "oh dear, oh my" When my mum just went away I felt I was going to cry! The lad was chubby and stupid I knew that by his red eyes, But after a while when he started bullying me, The teacher caught him by surprise! All is well all is good The bully's gone away Friends are friends School is school That's all I have to say!</p> <p>Ryan</p>	<p>Moira Primary School, Moira</p>

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<p>Bullying is wrong it is not right, Stand up for yourself and show your might. If a bully asks you for a fight Just say no it is not right. The bully is bad, he is not good He's always doing something rude! In front of the teacher he acts so good He always acts like he's in a good mood. A bully is stupid, a bully is sad After he hits me I don't feel glad. He always makes me feel very mad I'm going to go out and tell my dad.</p> <p>Nathan</p>	<p>Being bullied can be a terrifying experience Under no circumstances should you join in with the bullying Life can be scary when you are being bullied Like it or not, you should always tell an adult if you are being bullied You can help yourself and others by not letting the bullies win</p> <p>Conor</p>
<p>Vicious attacks I had to suffer I was kicked and hurt all over! Cruel names were called to me Then I asked the teacher to come and see I am happy now to play and walk My advice to you is please do talk!</p> <p>Emma</p>	<p>Bullies are weird, they think they are cool Underneath they are just a fool Lying to the teacher Lurking like a creature You don't want a bully in your school</p> <p>Nathan</p>
<p>Various choices lie beneath If only these bullies would stop the grief Chucking me on the ground They tell me not to make a sound I lie awake all night Muttering and groaning in such fright</p> <p>Natasha</p>	<p>Strand Primary School, Belfast</p>

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What to do if bullying is happening?	
<p>Write a note to the teacher</p> <p>Molly</p>	<p>If bullying continues tell someone like parents or a teacher. If I saw bullying I would ask the person being left out to come and play</p> <p>Corey</p>
<p>I would sit beside a bullied person on the bus home and ask them to come home to play with me or meet them in town at the weekends. I would also tell the bullies that the person they are bullying is a good friend and they should play with him also</p> <p>Sean</p>	<p>Put a letter in the worry box to remain anonymous and help the people bullying understand how it feels to be bullied</p> <p>Emily</p>
<p>St. Mary's Primary School, Strabane</p>	

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<p><i>What is a bully?</i></p> <p>A bully is a person who:</p> <ul style="list-style-type: none">• Hurts persecutes or intimidates a weaker person• Thinks they are cool• Pushes around other people that are weaker than them• Deliberately frightens or hurts others	<p><i>What does a bully do?</i></p> <p>A bully:</p> <ul style="list-style-type: none">• Picks on someone who is smaller than themselves• Calls their target names• Threatens a younger person who is weaker than themselves• Fights with someone over and over again
<p><i>Why does a person become a bully?</i></p> <p>A person becomes a bully because:</p> <ul style="list-style-type: none">• They are being bullied themselves• They think it is cool• They want to become popular• They want to be a leader of a gang	<p><i>Strategies to help me deal with bullying</i></p> <p>A strategy to stop being bullied would be:</p> <ul style="list-style-type: none">• To ignore them• To stand up tall and look away• Tell a teacher or a parent• Stay around your friends
<p>Shannon, Danny, Erin & Breandan</p> <p>St. Mary's Primary School, Maghera</p>	

More information:

If you would like to find out more about the work of the Northern Ireland Anti-Bullying Forum, contact Leslie-Anne Newton, NIABF Coordinator on T: 02890 431123 or E: niabf@savethechildren.org.uk