THINGS TO REMEMBER

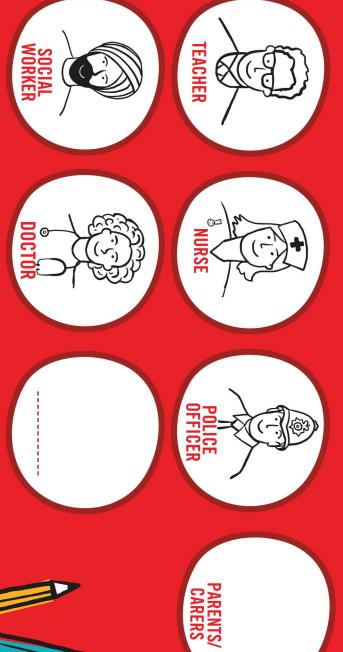
- You have the right to be kept safe from harm
- It's never your fault
- There are people who will listen to you and help you

If you don't want to talk to someone you know, you can speak to someone who can help by calling 116 111.

They will listen to you and help keep you safe too.

WHO YOU CAN TELL

If you are worried that you or someone you know is being hurt it is important to tell someone you can trust.





Save the Children
1 St. John's Lane
London, EC1M 4AR
020 7012 6400

CHILDLINE

Telephone 0800 11111 Website www.childline.org.uk





YOU SHOULD BE SAFE

Save the Children believes it is wrong for anyone to hurt you. If they do, it is never your fault. You have the right to be safe and happy. This poster shows what adults should and shouldn't do at our programmes, and who to tell if you are worried about something.



ADULTS MUST NEVER HURT YOU



EXPLOITATION



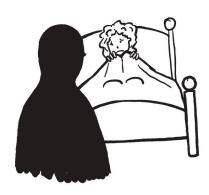
NEGLECT



PHYSICAL ABUSE



EMOTIONAL ABUSE



SEXUAL ABUSE

ADULTS SHOULD:

Listen to you and help you if you are in danger or tell someone who can

Never hurt or bully you in any way

Only meet with you in places where others can see you both

Never do anything dangerous

Never talk to you privately online

Always keep their hands to themselves

THE RULES OF SAVE THE CHILDREN

Just like you, adults at Save the Children have rules they must follow too. These rules aim to keep you safe and happy.





